



# SAFEGUARDING NEWSLETTER

SAFEGUARDING EVERYONE'S RESPONSIBILITY

## Designated safeguarding Leads

Alison Bolton Gillian Hayes  
Andrea Hickey

## Useful numbers

Childline 0800 1111  
Wigan Safeguarding Hub 01942 486262

# Mental Health

Children and young people in England are to be able to access mental health support at school or college under government plans to improve services.

The proposals include introducing a four-week waiting time for youngsters needing specialist support and new mental health support teams in schools.

It is hoped around one in four schools in England will have this provision in place by 2022.

Campaigners say it was welcome, but overdue and "only a start".

The issue of young people's mental health has long been of concern, with parents, charities and healthcare professionals warning that families are not getting the support they need.

According to new NHS figures, around one in 10 girls aged 16 or 17 were referred to specialist mental health services in England last year.

The government's new green paper proposes:

- training for senior designated mental health leads in schools to improve prevention work
- earlier access to services through the creation of new mental health support teams working in and directly with schools
- a new four-week waiting time for NHS children and young people's mental health services
- every primary and secondary school in England to be offered mental health awareness training
- all pupils to be taught about mental health and wellbeing as part of improved relationships education and PSHE [personal, social, health and economic] lessons

The new measures are part of a £300m investment by the Departments of Health and Education.

Zumos

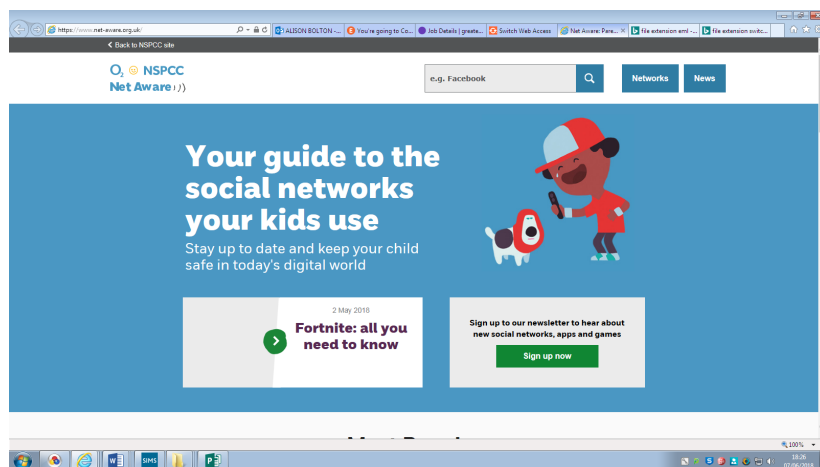
The school has invested in a new programme called Zumos. This is designed to assist pupils in managing their own mental health and well being. The programme can direct them to any area they may be struggling with such as anxiety, depression, low mood or self harm. It gives them advice and guidance and a platform to inform key staff in school if they are worried or concerned. All our pupils have been trained on how to use the programme and it can be accessed from home too. Any further enquiries, please see Lisa Griffiths for more information.

# Bullying Update

As you are aware, last term our pupils completed an online bullying/safeguarding questionnaire. This gave the opportunity for pupils to answer questions about how safe they feel in school. Generally speaking overwhelmingly the pupils do feel safe but are nervous on the corridors and in certain places outside of school. Apart from staff they do not know who to speak to in school if they do feel bullied or isolated.

One of the indicators that has come from this information is to skill our buddies up in understanding what is meant by bullying and what to do if they see or hear about it happening. The buddies are going to attend a training session that will teach them more about bullying and how to deal with it with Mrs Griffiths and Miss Hickey in Iclass. Miss Hickey has also been busy planning assemblies and tutor time resources to educate our pupils on the impact of bullying in school.

# On-line Safety



The NSPCC have developed a new internet link called Net Aware. If parents sign up it sends them a newsletter which has all the up to date information on new apps which may have come on to the market and deemed concerning. It also tells them the dangers to look out for in terms of popular games such as Fortnite. <https://www.net-aware.org.uk/>

## Summer Safe

It is important to stay safe in the summer. These top tips will help our children in the hot weather

- Keep hydrated. It is important in this weather to drink lots of water
- Wear high factor sun tan lotion, even when it is cloudy.
- Don't go swimming in flashes, or open water without supervision.

## Training New Staff Only

A reminder that if you have not already done so please return your completed safeguarding declaration to Alison Bolton. If you are new to the school you also have to complete your online training. (See Carol Brockbank) and the Channel General Awareness Course using the following link. [http://course.ncalt.com/Channel\\_General\\_Awareness/01/index.html](http://course.ncalt.com/Channel_General_Awareness/01/index.html)