



SAFEGUARDING NEWSLETTER

SAFEGUARDING EVERYONE'S RESPONSIBILITY

Designated safeguarding Leads **Useful numbers**

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Anti - Bullying Edition

Welcome to The Safeguarding Newsletter, Anti Bullying addition. This issue will just focus on one topic, Bullying. I had the absolute pleasure of meeting the mother of the late Felix Alexander who tragically took his own life because of the victimisation he suffered at the hands of some very cruel young people. Felix, suffered at the hands of other pupils from the age of 10. He was ridiculed by classmates for not being able to play Call of Duty - a violent 18 rated game. This triggered an overwhelming negative response that stayed with him until he was 17 years old at which point he decided it was too hard a battle to live with every day. Felix ended his life by leaving for school and throwing himself into the path of an oncoming train.



Lucy, Felix' Mum has tried to use this tragic event as a platform to educate bullies, parents and young people about the impact of all kinds of bullying on young people and how, with the addition of social media and the temptations of a faceless forum, it can seriously damage the mental health of the victims that are subjected to this abuse.

Lucy is truly inspirational and does not spend her time apportioning blame but wants to educate young people about her families' experiences in the hope that a message of kindness will eventually get through. As a school I would like to show Lucy our support. The two interviews involving Lucy on This Morning are highlighted below

<https://www.youtube.com/watch?v=BbU-x5T5Pmw>

<https://www.youtube.com/watch?v=za9XTbRZD10>

Types of Bullying

Physical	Involves hitting, pushing, shoving and other types of force
Verbal	Hurtful comments, name calling and teasing
Social	Leaving out, starting rumours, excluding or ostracising from a friendship group
Cyber	Online, social media, texting, group messaging, online gaming

By standing

This is a recognised bullying term and refers to a situation where other people may be stood witnessing the bullying, and although , they may not actually be saying anything or contributing. They are still part of the bullying because their presence is egging the bullies on. By standing is not helpful and makes the victim feel worse.

Bullying Statistics

- 1.5 million young people (Nearly 50%) have been bullied in the past year
- 19% of these were bullied every day
- 44% of young people being bullied experience depressions
- 41% of young people being bullied experience social anxiety
- 33% of those people being bullied have suicidal thoughts
- More than 16,000 pupils are absent from school due to bullying
- Suicide is the third biggest killer of young people and it is estimated that 4,400 kill themselves each year due to bullying
- Over half suicides of people under 20 are because of bullying

Cool To Be Kind

This is the name of the anti-bullying campaign we are running at Golborne High School. We introduced this through a week of assemblies before Easter. We have asked tutor groups to design a logo that can be made into badges so that our pupils most definitely will know it is “Cool to be Kind.” It is important to get the message across in a positive way rather than continuing to react to incidents when they happen. All entries must be given to Mrs Taylor or Mrs Hayes by 28th April

Cyber Buddies

Cyber Buddies are our new anti-bullying ambassadors who we would like to assist us in delivering the anti-bullying message throughout school and to all stakeholders. Anyone can be a cyber buddy and if they would like to help us deliver the message they need to see Mrs Hayes or Mrs Taylor for advice on how to get involved. There are plenty of jobs and plenty of ways the message needs to be delivered.

Training

A reminder that if you have not already done so please return your completed safeguarding declaration to Alison Bolton. If you are new to the school you also have to complete your online training. (See Carol Brockbank) and the Channel General Awareness Course using the following link. http://course.ncalt.com/Channel_General_Awareness/01/index.html